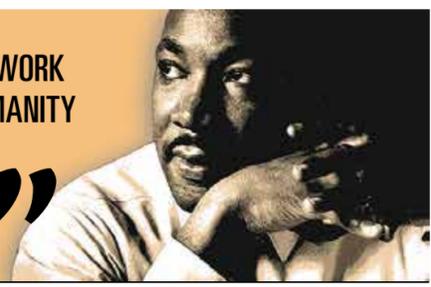


“IF A MAN IS CALLED TO BE A STREET SWEEPER, HE SHOULD SWEEP STREETS EVEN AS A MICHELANGELO PAINTED, OR BEETHOVEN COMPOSED MUSIC OR SHAKESPEARE WROTE POETRY. HE SHOULD SWEEP STREETS SO WELL THAT ALL THE HOSTS OF HEAVEN AND EARTH WILL PAUSE TO SAY, ‘HERE LIVED A GREAT

STREET SWEEPER WHO DID HIS JOB WELL.’ ‘NO WORK IS INSIGNIFICANT. ALL LABOR THAT UPLIFTS HUMANITY HAS DIGNITY AND IMPORTANCE AND SHOULD BE UNDERTAKEN WITH PAINSTAKING EXCELLENCE.’”

— MARTIN LUTHER KING, JR.



# Carmichael Times

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LOCAL SAILOR PARTICIPATES IN PACIFIC PARTNERSHIP



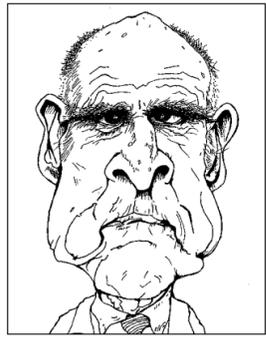
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## Beloved Critters Immortalized by Art



Siberian Husky Odon delights in his likeness as portrayed by Arcade artist Sandie Zang.

Story and photo by Susan Maxwell Skinner

**SACRAMENTO, CA (MPG)** - If a mutt is man's best friend, he also might be an artist's best model.

Canines large and small -- together with giraffes, birds and felines -- are the stars of the Sacramento Fine Arts Center's most popular annual exhibition. The "Animal House" show runs at the center from January 3 to 29.

Animal art has been around since cavemen finger-painted on walls. Beasts inspired hieroglyphic devotion in Egypt. So what is it about pets and painters? "It's instinctive for artists to have their friends pose," says SFAC spokesman David Peterson. "We like to record important people in our lives and pets

are part of that. Many artists take their dogs out painting. You reach for them when you need reassurance. They're never critical of technique." Artists agree that animal portraits are no easier than human likenesses. Disinclined to be still, pets are often painted from photos but, for a loving artist, devotion allows likenesses to shine through.

The animal show is among SFAC's most popular events. "Senior homes send buses of people," says Peterson. "We also have school tours. Animal art appeals to all ages. We started the show eleven years ago. Since then, galleries as far away as Santa Cruz have copied the idea."

A painting by Arcade artist Sandie Zang is among 2017 exhibits. Her

nine-year-old Siberian husky Odon modelled. "he was, sleeping on lounge chair," says Zang. "I imagined a husky relaxing at a doggie spa after running the Iditarod. I put lots of thought into what would go on the table beside him (doggie hors d'oeuvres and umbrella cocktail). I'm a serious artist, but you still want to have fun."

The Animal House show includes junior artists and -- penned by Cameron Ranch Elementary School pupils -- critter-themed poetry can be viewed. A 2nd Saturday reception on January 14 will include live music, refreshments and award presentations.

SFAC gallery is at 5330 B Gibbons Drive. To learn more about this event, visit [www.SacFineArts.org](http://www.SacFineArts.org) ★

## Crab Health Advisory Lifted for CA Coast

**SACRAMENTO REGION, CA (MPG)** - The California Department of Public Health (CDPH) has lifted the last remaining health advisory for Dungeness crab caught along the California coast. CDPH lifted this advisory on January 11th due to recent tests showing that traces of domoic acid have declined to low or undetectable levels in Dungeness crabs caught in the area, indicating they are safe to consume.

Dungeness crabs caught along the coast are safe to consume. However, as a precaution, consumers are advised not eat the viscera (internal organs, also known as "butter" or "guts") of crabs. The viscera usually contain much higher levels of domoic acid than crab body meat. When whole crabs are cooked in liquid, domoic acid may leach from the viscera into the cooking liquid. Water or broth used to cook whole crabs should be discarded and not used to prepare dishes such as sauces, broths, soups or stews (for example, cioppino or gumbo), stocks, roux, dressings or dips.

Symptoms of domoic acid poisoning can occur within 30 minutes to 24 hours after eating toxic seafood. In mild cases, symptoms may include vomiting, diarrhea, abdominal cramps, headache and dizziness. In severe cases, the victim may experience trouble breathing, confusion, disorientation, cardiovascular instability, seizures, excessive bronchial secretions, permanent loss of short-term memory, coma or death.

Domoic acid accumulation in seafood is a natural occurrence that is related to a "bloom" of a particular single-celled plant. CDPH will continue to monitor conditions to ensure that seafood sold in California is safe to consume.

For more information, visit [www.cdph.ca.gov](http://www.cdph.ca.gov) ★

## Major League Lacrosse All-Star Game Coming to Bonney Field in 2017

**SACRAMENTO, CA (MPG)** - The world's best lacrosse players are coming to Sacramento, CA. Major League Lacrosse has chosen Bonney Field at Cal Expo as the site for the 16th All-Star Game in 2017. The MLL All-Star Game will take place on Saturday, July 8 at 6 p.m. Tickets are on sale now and can be purchased at [www.ticketmaster.com](http://www.ticketmaster.com).

Along with the All-Star Game, MLL has more exciting activities planned for Friday, July 7 and Saturday, July 8. Before the All-Star Game there will be a FanFest at Bonney Field where fans can meet MLL players, enjoy live music and interactive exhibits. The All-Star Shootout Tournament presented by ADVNC Lacrosse and the All-Star Skills Competition will take place at Cherry Island Sports Complex in Rio Linda, CA.

More information about those events can be found at [www.advnclacrosse.com](http://www.advnclacrosse.com).

MLL chose to host the 2017 All-Star Game in northern California because it is the epicenter of lacrosse in the state of California and arguably, the Pacific Coast. According to US Lacrosse, there are more youth lacrosse players registered with US Lacrosse in the Northern California region than in greater Los Angeles, Orange County and San Diego combined. Also, the region played host to the San Francisco Dragons, an MLL franchise that played from 2006-08.

This top-caliber event is just the latest addition to hit the pitch of Bonney Field, which is also home to the Sacramento Republic FC and PRO Rugby Sacramento. For more information about the MLL All-Star



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Game excitement see news. [majorleagueml.com](http://majorleagueml.com).

Cal Expo is home to the California State Fair and plays

host to hundreds of other signature events each year. The Cal Expo property is home to Bonney Field, a premier sports

and entertainment venue with seating of 11,000.

Source: Cal Expo ★